

PATIENT NEWSLETTER SUMMER 2026



At the Heart of the Health of our Community
Website: www.chewmedicalpractice.co.uk



A fond farewell and new beginnings at Chew Medical Practice



After over 28 wonderful years of dedication to our practice, our Practice Manager, Tonia Grant will be stepping down from her role on the 30th of June.

Tonia first joined the Practice team back in August 1997 as a receptionist at our former surgery in Chew Magna. Over nearly three decades, she has progressed through vital roles in HR and finance, ultimately leading the practice through immense periods of NHS change. And supporting with our milestone move to our purpose-built new practice in 2012. Throughout her career, her absolute priority has always been ensuring excellent care for our patients.

While she is stepping down from the daily management of the practice, we are delighted that she isn't leaving us just yet. Over the next nine months, she will remain with us in a project-based role to ensure a smooth transition.

We are pleased to announce that Sarah Denton will be taking over as our new Practice Manager. Sarah has worked in the NHS for the last 15 years, first in clinical roles as a midwife and health visitor and then in management and commissioning roles in community mental health services. Sarah is committed to community healthcare and is looking forward to getting to know many of you in the years to come.

Please join all of the partners and staff in thanking Tonia for her incredible 28 years of service, and in welcoming Sarah into her new role. We know our patients are in very safe hands.

Opening Times

Monday	8:00-18:00
Tuesday	8:00-18:00
Wednesday	8:00-19:30
Thursday	8:00-18:00
Friday	8:00-18:00
Saturday	9:00-12:00

The main surgery line

01275 332420
is open and answered
Mon-Fri 08:00-18:00
Out of Hours Ring 111



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Dispensary Refurbishment

The Dispensary (including the phone line usually open 12pm -2pm) will be **closed** for essential refurbishment on:

- **Wednesday 29th July**
- **Thursday 30th July**
- **Friday 31st July**

The Dispensary will re-open on

- **Saturday 1st August 9am -12pm**



Monday 27 th July	Tuesday 28 th July	Wednesday 29 th July	Thursday 30 th July	Friday 31 st July	Saturday 1 st August
OPEN	OPEN	CLOSED	CLOSED	CLOSED	OPEN

If you are due to collect your repeat prescription on a day the dispensary is closed, you will be able to collect it on **Monday 27th, Tuesday 28th July or once we re-open.**

Acute medications (prescribed on the day by a GP) will be available to collect **as normal.**

Home delivery of medications will operate **as normal.**

ORDERING YOUR REPEAT PRESCRIPTION

Getting Started

You can easily request your repeat prescriptions at a time that suits you with the [NHS App](#).

First, you will need to download and register on the app.

The 'Getting started with the NHS App' leaflets are in our dispensary and at the reception desk or visit: nhs.uk/nhsapp

Did you know you can use the NHS App to order repeat prescriptions,

it's easy to use and you can request your medicine when you need it without having to see a GP, until your next medicine review.

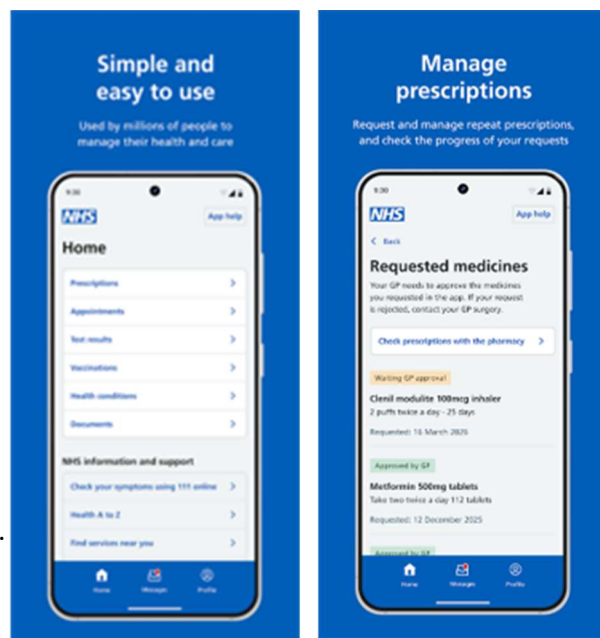
Requesting Repeat Prescriptions

Once you have logged in to the app:

- Select Request repeat prescriptions on the homepage. You can also find this option on the 'Services' page of the app.
- The next screen shows the medicines you can request. Choose the medicines you need and select Continue.
- Check the details and select Request prescriptions to complete your request.
- You are finished. Your request is sent to the GP surgery.

Viewing your orders:

- Select View and manage prescriptions on the homepage.
- You can also find this option on the 'Your health' page of the app.
- Select Status of your requests to track your current requests or your confirmed prescriptions to view approved orders.



Our waiting room does not always reflect how busy the surgery is.

We offer a wide range of pre-bookable and urgent appointments with both GPs and nurses, with extended weekday hours until 7:30 PM on Wednesdays

If ever you find you are unable to attend your appointment, please let us know either by Phone, NHS App or via Patient Online Services.

****Demand for GP appointments is very high. Please always inform us if you can no longer make an appointment so that it can be reallocated Thank you.****





Kamila Malada is our Pharmacy Technician, working closely alongside the Clinical Pharmacist to support patient care.

Kamila can assist with a range of services aimed at supporting your wellbeing,

These include

- New patient checks
- Contraceptive pill reviews
- Blood tests
- Medication reviews
- Hypertension, coeliac and haematuria reviews.



Kamila is also available to offer advice and support for any medicine-related queries or concerns.

In addition, Kamila provides FeNO testing and smoking cessation advice.

Call our friendly reception team on 01275332420 to book an appointment with Kamila.

A NEW WAVE OF HEALTHY LIVING

WALK & TALK

MEET NEW FRIENDS AND ENJOY A CHAT.
ENJOY GENTLE EXERCISE IN A BEAUTIFUL LOCAL GREEN SPACE

Join us to discover your neighbourhood, meet new people and be active on this fun activity

Every Thursday at 1pm
Meeting Point Salt & Malt Carpark
Chew Valley Lake



Help us
help you
make
the right
choice

NHS
Sussex

Get help in the heat



Pharmacists can treat heat-related illnesses such as **mild sunburn**.



Visit your local **minor injuries unit or urgent treatment centre** for minor issues and keep A&E for emergencies.



Access advice and out-of-hours GPs and pharmacists through **NHS 111**, which is available 24 hours a day.

*Everyone wants to be healthy
and we at Everyone Health
are here to make that happen.*

everyonehealth
because everyone matters

Our FREE B&NES Wellness Service will support you to address factors that influence your emotional and physical health and wellbeing. The service aims to work with you to increase motivation, skills, capacity and resilience to improve your health.

The service includes the following programmes:

- [Stop Smoking Service](#)
- [Wellbeing Coach Service](#)
- [Emotional Wellbeing Coach Service](#)
- [Physical Activity Service](#)
- [Exercise on Referral Service](#)
- [Outreach NHS Health Check Service](#)

To ensure these health benefits are long term, each of the programmes last around three months, with regular check-ups after that to make sure, you're keeping up the good work or help you with any other issues.

So, whatever your health goal may be, Everyone Health – alongside Bath and North East Somerset Council – can help you. For more information email us at EH.banes@nhs.net or call to speak to the Community Wellbeing Hub today on either 0333 005 0095 or 0300 303 7050 who will be able to discuss with you the most suitable service for you.