

BANES MENTAL HEALTH SUPPORT TEAM

Who are we?

We are a team of Education Mental Health Professionals, Psychologists and Allied Health Professionals



Who do we support?



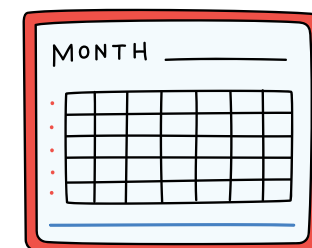
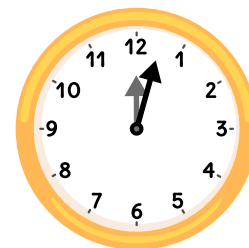
We work with children and young people aged 5-18 who have mild to moderate low mood, anxiety and emotional regulation difficulties. We work in schools listed on page 2.

What do we do?



We deliver Cognitive Behavioural Therapy (CBT) to children and young people. For some Primary school children we may work directly with parents / carers. We offer 6 to 8 sessions of low intensity CBT.

When



We will arrange a time to meet you, we see most people in school during school hours. We also work during summer and half terms. We can also offer online sessions.

Where



We will meet you in a confidential room in your school for you to be able to talk about what is going on for you. For younger ages we will ask parents / carers to join to get their perspective.

How can I receive support

Check page 2 to see if you're in an MHST school. If so, please speak to your school mental health lead. If you're not sure who this is, speak to the pastoral team,

BANES MENTAL HEALTH SUPPORT TEAM

Secondary Schools:

Bath College (Radstock site)
Bath College (City Centre Site)
Broadlands
Chew Valley School
IKB Academy
Ralph Allen School
Oldfield
Saint Gregory's Catholic College
St Marks
Somerset Studio School
Writhlington

Special Education Needs

Schools:

Fosse Way School
Threeways

Primary Schools:

Aspire
Castle Primary
Combe Down
Longvernal Primary School
Marksbury CofE Primary School
Moorlands Infants
Moorlands Junior School
Mulberry Park
Oldfield Park Infant School
Oldfield Park Juniors
Peasedown St John
Pensford Primary School
Roundhill
Shoscombe Church School
Somerdale
St Andrews
St Johns CofE Keynsham
St Julian's Church School
St Keyna
St Martin's Garden Primary School
St Mary's Church of England Primary School
St Mary's Writhlington
St Michaels
St Nicholas
St Phillips
St Johns Catholic Bath
Trinity
Twerton Infants
Westfield Primary School
Whitchurch Primary School

Contact us by:

Phone: 01865 903957

Email: banesmhstreferrals@oxfordhealth.nhs.uk