

Links and Useful Contacts

www.fco.gov.uk/travel

Official government site for useful travel and health information and current world areas of risk

www.who.int/en/

WHO online guide to travellers' health and highlights current risk areas

www.airsafe.com

Information on airline safety by airline and aircraft model. Also safety advice for different airports and tips for passengers. Links to other travel and travel safety sites.

www.diabetes.org.uk

Information for diabetics, including how to organise yourself for travel, insulin regimes, transporting insulin etc.

www.holidaycare.org.uk

Information for staying safe on holiday.

www.thebmc.co.uk

Site of the British Mountaineering Council for information on health problems at high altitudes.

www.traveldoctor.co.uk

An interactive travel site

www.nhs.uk/conditions/travel-vaccinations/

NHS Travel Vaccination information

www.fitfortravel.nhs.uk

Information about how to stay safe and healthy abroad.



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Please check and follow Government advice about travelling abroad, including the latest information on **coronavirus**, safety and security, entry requirements and travel warnings.

www.gov.uk/foreign-travel-advice

Travel Advice

Updated January 2025

Travel Advice

If you are planning on travelling you may need some vaccinations or medication.

Travelling is one of life's great pleasures, but it's important to remember that there is no such thing as risk free travel. Patients travelling abroad should take some time to consider any potential risks in the areas being visited.

How to plan your travel vaccinations:

Please read NHS travel advice on www.nhs.uk/conditions/travel-vaccinations/

You can also check the recommended vaccinations for your destination on travel vaccination websites, for example National Travel Health Network & Centre <https://travelhealthpro.org.uk/>

Chew Medical Practice do not provide a full travel clinic service. However, we do provide the agreed NHS (free) vaccinations, listed below:

Hep A
Polio, Diphtheria & Tetanus
Typhoid injection or oral
Cholera—This would need to be ordered

For these free vaccines, please complete and return your 'Travel Risk Assessment form'. You can check your vaccine history using the NHS App, by using Patient online services or as a last resort by requesting a copy from a member of the reception team.

Your completed form will be reviewed by one of our nurses and you will receive further contact from us.

Please remember to leave enough time before travelling (minimum of 8 weeks) as some vaccines might need more than one dose and can take time to complete the course.

If your travel scenario is complicated, such as, back packing, long term aid working or travelling through a number of countries, you should seek a travel consultation at a private travel health clinic as you will need chargeable travel vaccines.

Examples of non-NHS vaccines (not given at Practice):

Hep B
Rabies
Japanese Encephalitis
Tuberculosis – TB (BCG)
Tick Borne Encephalitis
Yellow Fever
Meningitis
Malaria

There are a number of travel clinics in Bristol such as:

Nomadtravel.co.uk

38, Park Street,
Bristol,
BS1 5JQ
Appointments available to book online or
tel: 01341 555 061

Superdrug

39-43 Broadmead
Bristol
BS1 3EU
Book online: healthclinics.superdrug.com

Bristol Travel Clinic

Book online: Bristoltravelclinic.co.uk
Various locations available

Please note this information is correct as at time of print.